

**2020/2021 PALMETTO HIGH SCHOOL GIRL'S WEIGHTLIFTING SCHEDULE / CALENDAR**

<b>WEEK</b>	<b>DATE</b>	<b>MEET SCHEDULE &amp; IMPORTANT DATES</b>
WEEK 1	SEPTEMBER 28 - OCTOBER 4	START DATE OF UNNOFICIAL GENERAL CONDITIONING
WEEK 2	OCTOBER 5-11	
WEEK 3	OCTOBER 12-18	OFFICIAL FIRST DAY OF PRACTICE
WEEK 4	OCTOBER 19-25	
WEEK 5	OCTOBER 26 - NOVEMBER 1	PRE-SEASON CLASSIC MEETS
WEEK 6	NOVEMBER 2-8	FIRST WEEK OF REGULAR SEASON (COMPETITIONS)
WEEK 7	NOVEMBER 9-15	MEET @ BAYSHORE 11/12
WEEK 8	NOVEMBER 16-22	HOME MEET VS. MANATEE 11/19
WEEK 9	NOVEMBER 23-29	THANKSGIVING - WE WILL HAVE PRACTICE
WEEK 10	NOVEMBER 30 - DECEMBER 6	HOME MEET VS. SOUTHEAST, MANATEE 12/1
WEEK 11	DECEMBER 7-13	
WEEK 12	DECEMBER 14-20	HOME MEET VS. BRADEN RIVER 12/17
WEEK 13	DECEMBER 21-27	CHRISTMAS BREAK - WE WILL HAVE PRACTICE
WEEK 14	DECEMBER 28- JANUARY 3	CHRISTMAS BREAK - WE WILL HAVE PRACTICE
WEEK 15	JANUARY 4-10	STUDENTS RETURN JANUARY 6 / COUNTY MEET TBD
WEEK 16	JANUARY 11-17	LAST WEEK OF REGULAR SEASON - COUNTY MEET TBD
WEEK 17	JANUARY 18-24	MARTIN LUTHER KING DAY / DISTRICT MEET @ RIVERVIEW
WEEK 18	JANUARY 25-31	REGIONAL MEET WEEK
WEEK 19	FEBRUARY 1-7	
WEEK 20	FEBRUARY 8-14	STATE CHAMPIONSHIPS