

Mills Elementary

P.E. Requirement

- Each student is required to have 150 min. of physical education each week by state mandate.
- Each class at Mills will have 120 minutes each week with the PE teacher(s).
- Additionally, the classroom teacher will be responsible for one 30 consecutive minute session of physical activity each week on either the art or music special day for the class. The 30 minutes of physical activity instructed by the classroom teacher must be reflected in lesson plans during the assigned grade level recess time.
- Each grade level team will complete a recess schedule to reflect the daily recess zones the team will utilize during the assigned recess block. The recess expectation is for each class to have an unstructured recess everyday weather permitting.
- Daily Recess Requirements
30 minutes once per week : 30 minutes required to meet 150 minutes of physical activity on either the teacher's scheduled art or music day

Other 4 Days: **minimum of 15 minutes** within the 30 minute block

PER: Remediation Block to meet progress monitoring requirements /optional recess block [PE plans standards that allow students to participate in cooperative play for 40 minutes]

7/21/16