

School District of Manatee County

Personal Fitness/Physical Education or HOPE Graduation Requirement Waiver

Student Name: _____ School: _____ Date: _____

Students may waive the Physical Education graduation requirement through one of the three options below (select one):

- Participation in an interscholastic sport for 2 full seasons (J.V. or Varsity)
 - Waives the 1.0 credit Physical Education/Personal Fitness or 1.0 credit in HOPE

Coach Signature

Date

- Completion of 1 semester with a grade of "C" or better in a marching band class, in a physical activity class that requires participation in marching band activities as an extracurricular activity, or in 1 semester of a dance class
 - Waives 0.5 credit in physical education or 0.5 credit in performing arts
 - **May not** be used to satisfy the Personal Fitness requirement or the requirement for adaptive physical education under an IEP or Section 504 plan

Band Director Signature (for marching band extracurricular activity) OR
Dance Coach Signature

Date

- Completion of 2 years in a Reserve Officer Training Corps (JROTC) course
 - Must include a significant component of drills
 - Waives 0.5 credit in physical education or 1.0 credit in HOPE and 1.0 credit in performing arts
 - **May not** be used to satisfy the Personal Fitness requirement or the requirement for adaptive physical education under an IEP or Section 504 plan.

JROTC Instructor Signature

Date

I understand that I must meet all criteria outlined in the waiver I have selected above, and should I not meet the criteria, I will be required to take the necessary courses to meet the requirements for a standard diploma. I understand that I may not use a combination of the above options in conjunction with one another. I understand that the course requirement is waived, but credit is not awarded for the waived course. I must take other courses to complete the 24 credits required for graduation.

Student Signature

Date

Parent Signature

Date

Administration Use Only

Interscholastic sports waiver approved.

JROTC waiver approved.

Band/Dance Waiver approved.

Date waiver entered: _____ Entered by: _____

Course Code # for Waiver	Description of Waiver*	Option Applied to:
1500410	INTERSCH SSN 1 – COM (completion of interscholastic sport season 1)	Personal Fitness/Physical Education Activity Elective AND HOPE
1500420	INTERSCH SSN 2 – COM (completion of interscholastic sport season 2)	Personal Fitness/Physical Education Activity Elective AND HOPE
1500440	Marching Band PE Waiver	Personal Fitness/Physical Education Activity Elective (Students must still take Personal Fitness. This waiver is for the .5 credit requirement of a physical education activity or .5 credit performing arts). This is not available for those that offer HOPE.
1500445	Dance Waiver	Personal Fitness/Physical Education Activity Elective (Students must still take Personal Fitness. This waiver is for the .5 credit requirement of a physical education activity or .5 credit performing arts). This is not available for those that offer HOPE.
1500450	JROTC/PE YR1 WAIVER (JROTC Physical Education waiver: completion of year 1)	Personal Fitness/Physical Education Activity Elective AND HOPE (Students under personal fitness option must still take Personal Fitness course.)
1500460	JROTC/PE YR2 WAIVER (JROTC Physical Education waiver: completion of year 2)	Personal Fitness/Physical Education Activity Elective AND HOPE (Students under personal fitness option must still take Personal Fitness course.)
1500480	JROTC PE/PERFORMING ARTS WAIVER	Personal Fitness/Physical Education Activity Elective AND HOPE (Students under personal fitness option must still take Personal Fitness course.)

Per School District of Manatee County Student Progression Plan: Health Opportunities through Physical Education (HOPE):

HOPE is a year-long health and physical education course required of all high school students. A school may not require students to take the one credit in HOPE during the ninth grade. A student may meet the graduation requirement in one of the following ways:

- Student takes ½ credit in Physical Education and ½ credit in Personal Fitness,
- Student takes the one credit HOPE Core course, or
- Student takes the one credit HOPE Physical Education Variation course.