



Noles Notes

FOR ALL ATHLETIC'S NEWS

Basketball Season Comes to an End

By William Ales and Neelam Joshi

The end of Basketball season has arrived and the Lady Noles Basketball Team is hoping to look past this season, and instead focus on the next. Their record ended as a less than ideal 3-20, however they have shown great promise with some close games. During their win against St.Petersburg High school, the Lady Noles put up 47 points, a stark contrast to their final game where Sebring High School held them to a mere 28 points. Consistency will undoubtedly be the key factor to be learned.

The Boy's Basketball team ended with a record of 8-15, better than their counterparts but still not up to Seminole par. The boy's faced a similar situation, neglecting to maintain their dominance and instead losing the lead late into games. The boys will serve well to work on their in-game focus, and will easily propel to their high-achieving standards. As long as both teams can learn to maintain the pressure throughout the entirety of the season, we see no reason they won't dominate in the coming years

A Strong Start to Men's Weightlifting

By Caden Kitchie and Tucker Hickman

The Southeast High School men's weightlifting team is excited to start their spring season. This year is especially exciting as the team has grown significantly larger than it was last year. Now the boys are ready and able to compete and win in tournaments against some of the best schools in Manatee County.

Southeast's Men's weightlifting team would kick off their season with a meet against Parish Community High School and Lakewood Ranch High School. The Seminoles would find much success in this meet and the new members would continue to improve their P.R.'s (personal records) and improve their techniques. The team would also end up taking first place in four different weight classes as well as earning many other second and third places medals at the meet.

As the boys weightlifting continues throughout the spring the boys will continue to improve their maxes and earn more medals as they work their way up to the district competition.