

FREE SPORTS PHYSICALS to all PHS athletes!

**Multiple dates offered;
July 24, 2021 ~ 9am - 12pm
August 24, 2021 ~ 5pm - 7pm
October 16, 2021 ~ 9am - 12pm
at the PHS Gym**

Sports medicine is not just for athletes though

Anyone who has an injury or pain and wants to feel better and engage in an active life should call on Dr. Sara Wemlinger, Board Certified Sports Medicine.

Count on her for the primary health care needs for every member of your family. That includes pre-participation sports physicals, injury prevention, nutrition recommendations, management of acute injuries and overuse injuries as well as sports-related concussions. Adjunct services include bedside ultrasound and onsite x-ray to improve accurate diagnosis as well as home exercise programs, osteopathic manipulation, and even ultrasound-guided injection, if indicated.

Her sports medicine and family practice services also include:

- Child wellness visits
- Musculoskeletal pain
- Ultrasound (guided injections and diagnostics)
- Exercise and nutrition guidance
- Women's health, other than obstetrics



Learn more at manateephysicianalliance.com

Or call 866.515.977

Member of Manatee Physician Alliance