

Resiliency Education 24-25 Implementation Plan

Grades K-12

Selected instructional materials used

Overcoming Obstacles

The Overcoming Obstacles curriculum will be delivered through in-person lessons. Each lesson includes teacher-led instruction, group discussion, and visual aids. Lessons are broken down into Elementary: K-2, Elementary: 3-5, Middle School, and High School.

Mode of delivery: All schools will deliver lessons to entire classes with teacher-facilitated class discussions.

Each month of the school year focuses on a different civic and character education or life skills education topic. Those topics include:

August – Responsibility & Responsible Decision Making

September – Grit

October – Self-Awareness & Self-Management

November – Citizenship (Respect)

December – Gratitude

January – Empathy

February – Critical Thinking & Problem Solving

March – Honesty

April – Perseverance

May – Mentorship