



2018-2019 End of Year Report

Student Health Advisory Committee

Student Health Advisory Committee Mission



The mission of the Manatee County School Health Advisory Committee (SHAC) is to provide a collaborative forum (Health Department, School Board, and community at large) and to advise on the delivery of a coordinated school health program that addresses physical, social and emotional health of students and staff. A coordinated school health program supports student readiness to learn, succeed academically, and become productive and healthy citizens.





- SHAC meets twice or more a year
- Yearly Goals
- Cross department communication
- Monitor and revise Local Wellness Policy

2018-2019 Goals



- Increase participation in SHAC meetings
- Establish Health Education Guest Speaker Guidelines
- Conduct and Promote Flu Shots for Staff and Students
- Promote New Employee Assistance Program
- Distribute and Market Standards Based Nutrition Education

2018-2019 Goals



- Increase participation in SHAC meetings
 - Brainstormed new staff and community members to invite to meetings
 - Invited to spring meeting
 - Will continue to invite new members
- Establish Health Education Guest Speaker Guidelines
 - Health Education Guest Speaker Guidelines were created to ensure appropriate and consistent health related messages are delivered to students
 - Presented at Principal meeting for feedback on February 20th, 2019
 - Included on SHAC and STAND webpage for use

2018-2019 Goals



The School District of Manatee County Health Education Curriculum and Materials Approval Form For Guest Speakers and Outside Presenters

The following form must be completed each time a new guest speaker or outside presenter is to deliver health-related information to School District of Manatee County students. Only those educational materials and information approved using this form are authorized for use in district schools. All presenters must submit a copy of the materials or curriculum they will be presenting. If no written materials are to be used, then an outline of the presentation will be submitted. In addition, all presenters must submit a résumé or list of experiences delivering information to students.

Approval of any presentation does not satisfy background screening necessary under the Jessica Lundsford Act.

1. Name of Presenter or Organization:

2. What topics do the presentation or instructional materials encompass?

- ☐ Drugs and Alcohol ☐ Sexual or Reproductive Health ☐ Teen Pregnancy ☐ Bullying
☐ Food and Nutrition ☐ Dating Violence ☐ Mental Health ☐ Other:

3. In what grade level(s) and school(s) are the materials to be delivered?

Grade level(s): School(s):

4. What is the intended length of the presentation and how many times will it be delivered?

5. If known, what health-related or other Florida standards do the instructional materials align with?

6. Are the materials evidence-based and supported by nationally recognized health organizations or model programs?

☐ Yes ☐ No If so, please provide the name of the organization or model program:

7. Have the materials previously been presented in any other schools or districts? ☐ Yes ☐ No

If so, please provide a contact name and number for the previous school or district:

8. Do the materials contain any pre or post-testing? ☐ Yes ☐ No

(If so, a copy of the pre- and post-test must be provided with this form in addition to any copy of the materials to be used)

9. Do the materials require parental notification and opt-out forms? ☐ Yes ☐ No

(This is a requirement for all human growth and development or reproductive health and disease content – please attach, if applicable)

10. Do the materials advocate any controversial issues rooted in political or religious ideology?

☐ Yes ☐ No If yes, please explain:

11. Are there any images or information that would not be considered age-appropriate for the intended audience?

☐ Yes ☐ No If yes, please explain:

***** District Use Only *****

Is the presentation approved for use? ☐ Yes ☐ No

If not, please state the reason:

Signature of SHAC Subcommittee Representative

Date



The School District of Manatee County Health Education Guidelines

The following guidelines will be utilized for all K-12 health education instruction and speakers/programs

F.S. 1003.42 (2) (n) Comprehensive health education that addresses concepts of community health, consumer health, environmental health, family life, including an awareness of the benefits of sexual abstinence as the expected standard and the consequences of teenage pregnancy, mental and emotional health, injury prevention and safety, nutrition, personal health, prevention and control of disease, and substance use and abuse. The health education curriculum for students in grades 7 through 12 shall include a teen dating violence and abuse component that includes, but is not limited to, the definition of dating violence and abuse, the warning signs of dating violence and abusive behavior, the characteristics of healthy relationships, measures to prevent and stop dating violence and abuse, and community resources available to victims of dating violence and abuse.

- Instruction will align with state and local health education standards and benchmarks. Health education information will be presented in a factual manner that is sequential and developmentally appropriate. Information shall be based upon nationally recognized health organizations such as the Centers for Disease Control, National Institute of Health, Substance Abuse and Mental Health Services Administration, and the World Health Organization or be consistent with model or promising programs.
- Parents will be notified regarding the scheduling and content of human growth and development instruction prior to implementation. F.S. 1003.42 (3) (Any student whose parent or guardian makes written request to the school principal shall be exempted from the teaching of reproductive health or disease, including HIV/AIDS, its symptoms, development, and treatment.)
- It is the intent of the Legislature that primary prevention training for all children in kindergarten through grade 12 be encouraged in the district school system through the training of school teachers, guidance counselors, parents, and children. "Primary prevention and training program" means a training and educational program for children, parents, and teachers which is directed toward preventing the occurrence of child abuse, including sexual abuse, physical abuse, child abandonment, child neglect, and drug and alcohol abuse, and toward reducing the vulnerability of children through training of children and through including coordination with, and training for, parents and school personnel. F.S. 39.0015 (2) (c)
- Teachers and speakers shall not advocate controversial issues such as right-to-life or abortion, and shall refer students to their families for information and values regarding these issues.
- All outside speakers:
 - Will be carefully screened regarding the content of their presentation to ensure adherence to these guidelines.
 - Will be given a copy of the health education guidelines to review and sign prior to their presentation to students.
 - Must document professional experience, background and/or education with credentials, which support their subject matter expertise.
 - Must demonstrate professional attitudes, dress, language, and behavior.
- The content of the program:
 - Must not contain self-promotion, marketing, or advertising.
 - Must maintain consistent program standards that align with the district curriculum. If there is a change in the presentation, or if there are new or additional speakers, the program coordinator must immediately notify the Health Education Advisory Committee chairman for approval.
 - May not utilize any pre and post testing, surveys, or questionnaires unless they are approved prior to use.
 - Will be evaluated by teachers and/or committee members during classroom presentations for adherence to health education guidelines.
- Principals and teachers will advise students and parents in advance of speakers and special presentations that include health education issues. (Any student whose parent or guardian makes written request to the school principal shall be exempted from the teaching of reproductive health or disease, including HIV/AIDS, its symptoms, development, and treatment.)

I have read and agree to follow the above guidelines when making presentations of approved programs in Manatee District Schools.

Organization Name: _____

Printed Name of Representative _____

Signature _____

Date _____

2018-2019 Goals



- **Conduct and Promote Flu Shots for Staff and Students**
 - Flu shots conducted at school sites and work sites
 - Over 2,600 students received flu shots
 - CVS provided 26 work sites with flu shots including schools, Matzke, SSC, and PSC
- **Promote New Employee Assistance Program**
 - Promoted through monthly Building A Better You newsletters and on the WellYou website
 - Included at the Professional Learning Conference and through the SHAC. Information was also provided at various back to school employee meetings
 - Posters and other promotional materials were distributed. Information was also distributed at sites through WellYou ambassadors

2018-2019 Goals



New Employee Assistance Program

For All School District of Manatee County Employees

Beginning **October 1, 2018**, the district announced a new and improved Employee Assistance Program (EAP) benefit provided through Optum.

Who Can Access the EAP?

Your new EAP benefit is available to all **SDMC** employees, including those who opt out of any medical benefits. Best of all, the **EAP is open to the employee and all household members** living with the employee, including dependents living away from home.

Are EAP services confidential?

Yes. Optum will never share your personal records with your employer or anyone else without your permission. All records, including medical information, referrals and evaluations, are kept strictly confidential in accordance with federal and state laws status.

Does the EAP cover counseling visits to a clinician?

Yes! Every household member gets up to **5** counseling visits *per problem* during a **calendar year**. You can find a behavioral health provider on www.liveandworkwell.com or simply call us and we will help you find the right provider for your needs. If you desire virtual visits, be sure to search or ask for this specifically.

Does the EAP offer more than just counseling?

Yes! The EAP specialists can provide you with a variety of assistance in the area of Legal and Financial issues, Child and Elder care support, Parenting/Family and Relationship issues, and more! Our www.liveandworkwell.com website also offers resources, articles and information on a very large variety of topics to help you enhance your personal and professional life.

How much does the EAP cost?

Nothing! **SDMC** pays for 100% of your EAP program, and there is no cost to you.

For More Information

The Optum EAP program is available to you and your family 24 hours a day, 7 days a week. Simply call our toll free number at **866-248-4096** to speak with an EAP specialist who can assist you. You can also visit our website at www.liveandworkwell.com and enter access code: **manatee**. We look forward to helping you!

Your Employee Assistance Program is a valuable resource. Please keep the hotline number, website and access code handy. Share this information with your colleagues and have a healthful and happy school year!

866-248-4096

www.liveandworkwell.com (code: manatee)

2018-2019 Goals



- **Distribute and Market Standards Based Nutrition Education**
 - Free standards based nutrition education curriculum from USDA Team Nutrition was ordered and received for all elementary schools
 - Nutrition education curriculum was distributed to school nurses at each school
 - A flyer was sent to all teachers and was presented at a principals meeting to market the availability of the materials

2018-2019 Goals



Discover myplate and serving up myplate

Fun, Inquiry Based Nutrition Education

What is it?

- 🍴 A "Yummy Curriculum" to help students learn the importance of good nutrition and physical activity
- 🍴 Canned lessons that meet education standards for Math, Science, English/Language Arts and Health
- 🍴 Lessons for K, Grades 1 & 2, Grades 3 & 4, and Grades 5 & 6

Where can i get it?

- 🍴 Materials available at every elementary school in the clinic
- 🍴 Color printed handouts available upon request

Do i have to Teach it?

- 🍴 Want a Guest Speaker?
- 🍴 Check out the materials at the school clinic to teach it yourself or request one of the following special guest teachers
 - 🍷 Your School Nurse - email or talk to nurse about availability
 - 🍷 Food & Nutrition Registered Dietitian Skye Grundy - email grundys@manateeschools.net
 - 🍷 Your Cafeteria Manager - email or ask about availability



i really want my own set...

Email Skye Grundy for more information
grundys@manateeschools.net

ManateeSchoolFood.net



Next SHAC Meeting (Tentative Schedule)



- 10/14/19 - PSC #1007; 12-2pm
- 12/9/19 - PSC #1007, 12-2pm
- 3/13/20 - PSC #1007, 12-2pm
- 5/19/20 - PSC #1007, 9:30am