

 What Principals
Need To Know

 How Will This
Affect My
School

Nutrition & Wellness *Policy 8510*

With the passage of the Healthy Hunger Free Act of 2010, new provisions for the local wellness policy include a greater emphasis on **implementation, evaluation, and public reporting** on the progress of the school wellness policy goal.

In accordance with federal law, it is the policy of the Manatee County School Board to provide students access to healthy foods and beverages; provide opportunities for developmentally appropriate physical activity; and require that all meals served by the school corporation meet or exceed the federal nutritional guidelines issued by the U.S. Department of Agriculture.

Here is how it will affect you and your school:

The school day is defined by the U.S. Department of Agriculture as **midnight to 30 minutes after the bell** and the school campus is defined as any property under the jurisdiction of the School District of Manatee County.

Breakfast, Lunch, & Snack

1. Students will have at least **10 minutes of eating time for breakfast** and **15 minutes for lunch**
2. Student **ID's are required** for meals at high school and middle school
3. Students must take **1/2 cup of fruit or vegetable and 2 other components (food groups)** to qualify as a complete meal
4. Access to **water** will be available in all cafeterias
5. Parents can only bring food into the cafeteria for their child
6. After school snacks must meet U.S. Department of Agriculture requirements and must be provided by the Food and Nutrition Services Department

Competitive Foods & Fundraisers

1. Foods or beverages sold for fundraising purposes and consumed during the school day on the school campus must meet the minimum nutrition requirements (Smart Snack Standards) as outlined in the Nutrition & Wellness Policy 5.13
2. No food or beverages can be sold until 30 minutes after the last meal period. Even items that meet Smart Snack Standards
3. Fundraiser foods such as raw cookie dough that are not meant to be consumed at school can be sold
4. **Violation of the above can result in fines to the school by the USDA**

Classroom Celebrations

1. Elementary schools can **celebrate in the last hour of the school day**
2. Food served must meet Smart Snack Nutritional Standards (can purchase from Food and Nutrition Services as a catering or Celebration Basket) and be from a licensed food service establishment and have an ingredient label

Classroom Food & Rewards

1. Classroom rewards and snacks must meet Smart Snack Nutritional Standards and non-food alternatives should be used as rewards
2. Students are allowed to have water bottles unless there is a discipline issue

Healthy School Teams

1. State law requires that all schools have Healthy School Teams

2. To meet this requirement, monthly nurse meetings will include relevant Wellness topics
3. Twice a year other school staff, parents and the community will be invited to attend a Healthy School Teams meeting. Minimal attendance must include Cafeteria Manager, School Nurse and P.E. Coach
4. The cafeteria manager will organize and facilitate the Healthy School Team meeting with the assistance of District Food Service Staff and resources

Food Safety & Security

1. Food service areas will be kept safe and secure. Food service employees need to be present any time the facility is being used
2. Only the Cafeteria Manager and Principal should have keys to the food storage areas in accordance with Food Service procedures.

Vending

1. School stores and vending machine foods must meet U.S. Department of Agriculture Smart Snack guidelines.
2. **Beverages** available to students is very limited:
 - Elementary School - water, milk, juice (8 ounces)
 - Middle & High School – water, milk, juice(12 ounces) & other beverages that meet calorie restrictions
3. **Vending machines** for students:
 - Elementary School – no vending
 - Middle School – 1 hour after final bell
 - High School – Not during meal service hours

Nutrition Education

1. Follow Health Education Guidelines. Encourage incorporating into other subject areas including physical education
2. A Registered Dietitian will be available to assist in nutrition education

Physical Activity

1. Physical activity (including recess) will not be denied or required as part of discipline or punishment
2. Amount of physical education will meet the Student Progressive Plan
3. Classroom stretch breaks/physical activity breaks are encouraged

Accountability

1. Florida Department of Agriculture and Consumer Services **will monitor district compliance** as part of their administrative review process
2. The Food and Nutrition Services Department **will monitor school compliance** as part of their school review process
3. School Health Advisory Committee (SHAC) will conduct an **annual survey** on policy implementation
4. SHAC will maintain a list of **Healthy School Team** leaders
5. Healthy School Teams & SHAC will meet twice a year
6. A detailed **annual report** will be provided to the Superintendent, Board of Education and the community

Fines/penalties could result from non-compliance with USDA regulations as set forth in the School District of Manatee County Nutrition and Wellness Policy 8510

The full Nutrition & Wellness Policy 8510
can be found on:

ManateeSchoolFood.net

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