

July

2021

SUMMER WORKOUTS

PATH TO PERFECTION

To get started right away, just click any placeholder text (such as this) and start typing to replace it with your own. Want to insert a picture from your files or add a shape? You got it! On the Insert tab of the ribbon, just tap the option you need.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 OFF DAY	6 8:30 – 11:30	7 8:30 – 11:30	8 8:30 – 11:30	9	10
11	12 8:30 – 11:30	13 8:30 – 11:30 SHS 7V7 (A)	14 8:30 – 11:30	15 8:30 – 11:30 LRHS 7V7 (A)	16	17
18	19 8:30 – 11:30	20 8:30 – 11:30	21 8:30 – 11:30	22 8:30 – 11:30 CMS 7V7(A)	23	24
25	26 8:30 – 11:30	27 8:30 – 11:30	28 8:30 – 11:30	29 8:30 – 11:30	30	31

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