



# Celebrations & Parties

## *Smart Snack Approved*

THE NUTRITION AND WELLNESS POLICY 5.13 ADDRESSES CLASSROOM CELEBRATIONS AND PARTIES:

### **Nutrition and Wellness Policy 5.13**

- Classroom parties will be held the last hour of the day in elementary schools
- All food used for parties or for snacks will meet Smart Snack nutritional standards and will be from a licensed foodservice establishment with an ingredient label

### **Why?**

- Breakfast and lunch are important meals for students; they give them the nutrition they need to learn. When parties are held early in the day, students often skip these meals
- Classroom parties should not interfere with educational time. By restricting parties to the end of the day, instructional time is protected
- Food from a licensed foodservice establishment has reviewable ingredients and nutritional information which is important for students with allergies and diabetic students. This also helps to ensure that the food was prepared following food safety procedures

### **Ideas?**

- The Food and Nutrition Department has the following available that meets Smart Snack requirements:
  - \* Celebration baskets which includes a snack, a treat, and fun party favors all packed in a festive basket. You can choose the snack and treat items! Order at [manateeschools.catertrax.com](http://manateeschools.catertrax.com)
  - \* Catered pizza parties with Domino's Smart Slice pizza that meets all requirements. You can also add juice, fun party favors, and Rice Krispie Treats. Order at [manateeschools.catertrax.com](http://manateeschools.catertrax.com)
  - \* Smart Snack approved items that can be ordered individually, including cupcakes, cookies, ice cream, and other a la carte type items at a bulk rate. Order at [manateeschools.catertrax.com](http://manateeschools.catertrax.com)
  - \* All of the above can be delivered directly to the classroom and make it easy for you
- Use fruit and veggie trays as party food. Also look for healthy snack items like popcorn, whole grain goldfish, or pretzels
- Limit the serving size on items like cupcakes and sweets. These items should be whole grain and meet the Smart Snack requirements
- Provide small prizes or little goody bags instead of food
- Do a craft or game with students at parties instead of food

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**[manateeschools.catertrax.com](http://manateeschools.catertrax.com)** to  
order



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