



Manatee County Food & Nutrition Services

2021-22 Allergy information BREAKFAST

Information based on current recipes and manufactures' food labels. The allergens are subject to change without notice. Items listed separately. Condiments are not included.

X-Indicates food allergen

Item #	Item	Peanuts	Treenuts	Egg	Gluten	Wheat	Soy	Milk	Red Dye #40	Pork	Fish/Shellfish
Milk											
06002	Chocolate, Skim							x			
06006	Lactaid							x			
06007	Soy, Vanilla						x				
06004	White, 1%, & Skim							x			
Juice											
	Juice, All (Except Blue Raspberry)										
07708	Juice , Blue Raspberry								x		
Fruit- *may contain corn syrup*											
	Applesauce, All										
M-114	Applesauce, Rosy								x		
	Fruit, Fresh - All Varieties										
07004	Mandarin Oranges, Canned										
07002	Mixed Fruit*, Canned										
07019	Mixed Fruit, Cup ZZ										
07018, 07023	Peach Cup										
07003	Peaches*, Canned										
07017	Pear Cup ZZ										
07003	Pears, Canned										
07005	Pineapple, Canned										
07803	Raisins/Crasins/Raisels										
07516	Strawberry Cup*										
Vegetable											
Cereal											
02207	Cereal, Apple Jacks Reduced Sugar Bowl				x	x	x		x		
02301	Cereal Kit, Apple Jacks				x	x	x		x		
02302	Cereal Kit, Fruit Loops				x	x	x		x		
02213	Cereal Pouch, Apple Jacks				x	x	x		x		
02215	Cereal Pouch, Frosted Flakes				x	x	x				
02214	Cereal Pouch, Froot Loops				x	x	x		x		
02206	Cheerios, Honey Nut (Almonds)		x								
02203	Cheerios, Frosted										
02203	Cheerios, Fruity				x	x					
02208	Chex , Gluten Free										
02204	Cinn Tst Crunch Red Sugar				x	x	x				
02201	Cocoa Puffs Reduced Sugar										
02211	Cereal Frstd Flakes				x	x	x				
02209	Cereal Granola				x	x	x				
02212	CrunchMania Cinnamon Buns				x	x	x	x			
02600	Grits, Quick										
M-111	Grits, Cheese							x			
02200	Kix										
02205	Lucky Charms								x		
02219	Oatmeal Quick				x						
02216	Oatmeal, Quick				x						
M-101	Oatmeal w/Brown Sugar				x						



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Entrée items											
M-118	Bacon, Egg, & Cheese Croissant			x	x	x	x	x			
M-107	Bagel, Egg and Cheese			x	x	x	x	x			
M-112	Bagel, Ham (Turkey) and Cheese				x	x	x	x			
M-102	Biscuit & Gravy			x	x	x	x	x		x	
08723	Biscuit, Chicken Patty				x	x	x				
M-108	Biscuit, Egg & Cheese			x	x	x	x	x			
M-102	Biscuit, Sausage (Pork) & Cheese			x	x	x	x	x		x	
02091	Biscuit, White 2oz			x	x	x	x	x			
02001	Bread Banana			x	x	x	x	x			
02041	Bread Blueberry Loaf Mini			x	x	x	x	x			
02033	Bread Cinnamon Toast Crunch				x	x	x	x			
02042	Bread Cocoa IW			x	x	x	x	x			
M-116	Breakfast Bowl			x	x	x	x	x			
08211	Breakfast Pizza (Turkey Sausage)				x	x	x	x			
08231	Burrito Wrap, Breakfast Egg & Cheese			x	x	x	x	x			
08400	Cheese Omelet			x			x	x			
08723	Chicken , Breakfast Patty				x	x	x				
08740	Chicken , Breakfast Patty Gold Creek				x	x		x			
08741	Chicken, Dippers Maple			x	x	x	x	x			
XX_02044	Crumb Cake, Cinnamon			x	x	x	x	x			
08406	Egg, Cheese Bites			x				x			
08401	Egg, Cooked Diced			x							
08403	Egg, Cooked Hard										
08402	Egg Patty			x			x	x			
08404	Egg Scrambled			x			x	x			
08405	Egg Scrambler Bacon & Cheese			x			x	x		x	
M-109	English Muffin, Egg & Cheese			x	x	x	x	x			
M-113	English Muffin, Sausage (Turkey) & Cheese				x	x	x	x			
02326	French Toast Stick Cinn C			x	x	x	x				
02309	Frech Toast iW			x	x	x	x	x			
02006	Muffin, Blueberry IW Chef Pierre			x	x	x	x				
02046	Muffin, Blueberry IW Buena Vista			x	x	x	x	x			
02050	Muffin, Blueberry IW Bake Crafters			x	x	x	x	x			
02045	Muffin, Chocolate Chip IW Buena Vista			x	x	x	x	x			
02049	Muffin, Chocolate Chip IW Bake Crafters			x	x	x	x	x			
02048	Muffin Top, Blueberry IW			x	x	x	x	x			
02047	Muffin Top, Chocolate Chip IW			x	x	x	x	x			
02011	Pancakes, Mini Maple WG			x	x	x		x			
02013	Pancakes, Mini Eggo Confetti WG			x	x	x	x	x			
08202	Pancake on Stick WG			x	x	x	x			x	
08224	Pancake Slider WG IW (Chicken)			x	x	x	x	x			
M-320	Parfaits, Yogurt (Kosher Gelatin)				x	x	x	x			
02005	Pumpkin Bread			x	x	x	x	x			
08234	Sandwich, Pepper Jack Cheese				x	x		x			
08233	Sandwich, Waffle Chicken			x	x	x	x	x			
08603	Sausage Link, Pork									x	
08600	Sausage Patty, Pork									x	
08708	Sausage Patty, Turkey										
02040	Toast, Apple Cinn WG IW				x	x	x	x			



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02304	Tornado Maple Trky Egg			x	x	x	x	x			
02325	Tornado, Breakfast (Turkey)			x	x	x	x	x			
02028	Waffle (WG)			x	x	x	x	x			
02038	Waffle, Bite (Slider)			x	x	x	x	x			
02051	Waffle, Maple Bulk			x	x	x	x	x			
02038	Waffle, Mini Slider			x	x	x	x	x			
02010	Waffle, Dutch WG			x	x	x	x	x			
02022	Waffle, Mini Pillsbury Blueberry			x	x	x	x	x			
02021	Waffle, Mini Pillsbury Maple			x	x	x	x	x			
Other offerings											
XX_02054	Bagel, Plain (no margarine) WG				x	x	x				
02037	Bagel, Plain 2oz (no margarine)				x	x	x				
08713	Canadian Bacon (Turkey)										
02218	Cereal Bar, Cinnamon Toast				x	x	x				
02217	Cereal Bar, Trix				x	x	x				
08120	Cheese, Mini Cheddar							x			
08104	Cheese, String Light							x			
02015	Cinnamon Roll				x	x	x				
02014	Crumble Cinnamon			x	x	x	x	x			
10321	Cracker, Graham WG 3PK Keebler				x	x	x				
02008	Croissant, WG			x	x	x	x	x			
08505	Egg, Hard Boiled			x							
02007	English Muffin WG				x	x	x				
11102	Sausage Gravy				x	x	x	x		x	
02035	Super Round WG (MVP)			x	x	x	x	x			
08214	Un crustable, Grape 2.6oz	x			x	x	x				
08804	Yogurt, Blueberry							x			
M-320	Yogurt, Parfait w/o Granola							x			
M-320	Yogurt, Parfait w/ Rockin Ola							x			
08801	Yogurt, Strawberry							x			
08803	Yogurt, Strawberry Banana							x			
08800	Yogurt, Vanilla							x			
Condiments											
08111	Cheese, American Slice						x	x			
05519	Cream Cheese, Light							x			
05015	Jelly , PC Asst										
05031	Peanut Butter PC	x					x				
05516/12118	Salsa										
05032	Sour Cream							x			
05012	Syrup PC										
05024	Syrup, Sugar Free										
10409	Topping, Whipped						x	x			