



Manatee County Food & Nutrition Services

2020-2021 Allergy information BREAKFAST

Information based on current recipes and manufacturers' food labels. The allergens are subject to change without notice. Items listed separately. Condiments are not included.

X-Indicates food allergen

Item #	Item	Peanuts	Treenuts	Egg	Gluten	Wheat	Rye	Barley	Oats	Soy	Milk	Corn	Red Dye #40	Pork	Fish/Shellfish
Milk															
06006	Chocolate, Skim										x	x			
06011	Lactaid										x				
06012	Soy, Vanilla									x					
06009	Strawberry, Skim										x				
06008	White, 1%, & Skim										x				
Juice															
	Juice, All (Except Blue Raspberry)														
07707	Juice, Blue Raspberry												x		
Fruit- *may contain corn syrup*															
07003	Applesauce, All														
M-114	Applesauce, Rosy												x		
	Fruit, Fresh - All Varieties														
07009	Mandarin Oranges, Canned														
07005	Mixed Fruit*, Canned											x			
07026	Mixed Fruit, Cup Del Monte														
07022	Peach Cup, Diced Del Monte														
07007	Peaches*, Canned											x			
07023	Pear Cup, Diced Del Monte														
07014	Pears, Canned											x			
07010	Pineapple, Canned														
	Raisins/Crasins/Raisels														
07409	Strawberry Cup*											x			
Vegetable															
12641	Hash Brown Bites									x					
Cereal															
02112/02119	Apple Jacks Reduced Sugar WG				x	x			x	x		x	x		
02319	Cereal Kit, Apple Jacks				x	x			x	x		x	x		
02321	Cereal Kit, Crunch Mania Cinnamon Bun				x	x				x	x	x			
02320	Cereal Kit, Crunch Mania French Tst				x	x				x	x				
02322	Cereal Kit, Fruit Loops				x	x			x	x		x	x		
02104	Cheerios, Fruity								x			x			
02109	Cheerios, Honey Nut (Almonds)		x						x			x			
02114	Chex, Gluten Free														
02106	Cinn Tst Crunch Red Sugar				x	x				x					
02101	Cocoa Puffs Reduced Sugar											x			
02118	CrunchMania Cinnamon Buns				x	x				x	x	x			
02116/02120	Froot Loops Reduced Sugar WG				x	x			x	x		x	x		
02117/02122	Frosted Flakes Reduced Sugar WG				x	x						x			
M-304	Grits (No Margarine)											x			
M-452	Grits, Cheese										x	x			
02100	Kix											x			
02107	Lucky Charms				x				x			x	x		
02124	Oatmeal, Quick				x				x						
M-160	Oatmeal w/Brown Sugar				x				x						



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Entrée items															
	Bacon & Cheese Croissant			x	x	x		x		x	x	x			
	Bacon, Egg, & Cheese Croissant			x	x	x		x		x	x	x			
02304	Bagel, Open Face Sausage and Cheese (Turkey)				x	x		x		x	x	x			
M-452	Bagelwich, Egg and Cheese			x	x	x		x		x	x	x			
M-473	Bagelwich, Ham (Turkey) and Cheese				x	x		x		x	x	x			
02005	Banana Bread			x	x	x				x	x	x			
	Biscuit & Gravy			x	x	x				x	x	x		x	
	Biscuit, Chicken Patty			x	x	x				x	x	x			
M-135	Biscuit, Egg & Cheese			x	x	x				x	x	x			
M-398	Biscuit, Sausage (Pork) & Cheese			x	x	x				x	x	x		x	
	Biscuit, Sausage (Turkey) & Cheese			x	x	x				x	x	x			
02091	Biscuit, White 2oz			x	x	x				x	x	x			
08429	Breadstick, Breakfast Egg & Cheese			x	x	x			x	x	x	x			
08416	Breakfast Boat (Turkey)			x	x	x		x		x	x	x			
M-331	Breakfast Bowl			x	x	x				x	x	x		x	
08353	Breakfast Pizza (Turkey Sausage)				x	x		x		x	x	x			
08510	Burrito Wrap, Breakfast Egg & Cheese			x	x	x				x	x	x			
08501	Cheese Omelet			x						x	x				
M-604	Cheesy Scrambled Eggs			x						x	x				
08877	Chicken , Breakfast Patty				x	x				x		x			
M-457	Cinnamon Toast Homemade				x	x		x		x	x				
XX_02031	Cinnamon Toast WG			x	x	x		x		x	x				
XX_02044	Crumb Cake, Cinnamon			x	x	x				x	x	x			
08503	Egg Patty			x						x	x				
08507	Egg Scrambled			x						x	x				
08512	Egg Scrambler Bacon & Cheese			x						x	x			x	
	English Muffin, Egg & Cheese			x	x	x				x	x				
	English Muffin, Sausage (Pork) & Cheese				x	x				x	x	x		x	
	English Muffin, Sausage (Turkey) & Cheese				x	x				x	x	x			
M-274	Flatbread, Breakfast			x	x	x		x		x	x	x		x	
XX_02096	French Toast Bites			x	x	x				x	x	x			
02326	French Toast Stick Cinn C			x	x	x				x					
02026	Muffin, Blueberry IW Chef Pierre			x	x	x				x		x			
02092	Muffin, Mini Birthday Cake			x	x	x				x	x	x	x		
02036	Pancake, Large WG			x	x	x				x	x	x			
02041	Pancakes, Mini Maple WG			x	x	x					x	x			
02043	Pancakes, Mini Eggo Confetti WG			x	x	x				x	x	x			
08317	Pancake on Stick WG			x	x	x				x		x		x	
	Pancake Slider WG IW (Chicken)			x	x	x				x	x				
M-116	Parfaits, Yogurt (Kosher Gelatin)				x	x			x	x	x	x			
02020	Pumpkin Bread			x	x	x				x	x	x			
08706	Sausage Link, Pork											x		x	
08701	Sausage Patty, Pork											x		x	
08829	Sausage Patty, Turkey											x			
	Toast, Apple Cinn WG IW				x	x		x		x	x	x			
02327	Tornado Maple Trky Egg			x	x	x				x	x	x			



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02325	Tornado, Breakfast (Turkey)			x	x	x				x	x	x			
02704	Waffle, Bite (Slider)				x	x				x	x				
02705	Waffle, Slider New			x	x	x				x	x				
02039	Waffle, Large Dutch WG			x	x	x				x	x				
02077	Waffle, Mini Pillsbury Blueberry			x	x	x				x	x	x			
02076	Waffle, Mini Pillsbury Maple			x	x	x				x	x				
Other offerings															
02700	Bagel, Everything 2oz (no margarine)				x	x		x		x		x			
02701	Bagel, Plain 2oz (no margarine)				x	x		x		x		x			
08856	Canadian Bacon (Turkey)														
02127	Cereal Bar, Cinnamon Toast				x	x			x	x		x			
02125	Cereal Bar, Trix				x	x			x	x		x			
08120	Cheese, Mini Cheddar										x				
08105	Cheese, String (Colby & Moz)										x				
02045	Cinnamon Roll				x	x		x		x		x			
02097	Cinnamon Toast Crunch Bread				x	x		x		x	x	x			
10321	Cracker, Graham WG 3PK Keebler				x	x				x		x			
02028	Croissant, WG			x	x	x		x		x	x	x			
08505	Egg, Hard Boiled			x											
02027	English Muffin WG				x	x				x					
11103	Sausage Gravy				x	x					x	x		x	
02309	Super Round WG (MVP)			x	x	x		x		x	x				
M-543	Toast, WG w/Margarine				x	x		x		x	x				
08382	Uncrustable, Grape 2.6oz	x			x	x		x		x					
08914	Yogurt, Blueberry										x	x			
08915	Yogurt, Cherry Vanilla										x	x			
M-273	Yogurt, Parfait				x	x			x	x	x	x			
08911	Yogurt, Strawberry										x	x			
08913	Yogurt, Strawberry Banana										x	x			
08910	Yogurt, Strawberry Tube (4oz) (Kosher Gelatin)										x	x			
08912	Yogurt, Vanilla										x	x			
Condiments															
08119	Cheese, American Slice									x	x				
05001	Cream Cheese, Light										x				
02115	Granola				x	x			x	x		x			
05015	Jelly, PC Asst											x			
05052	Peanut Butter PC	x								x					
05516/12118	Salsa														
05053	Sour Cream										x				
05019	Syrup PC											x			
05036	Syrup, Sugar Free														
03005	Topping, Whipped										x	x			