



Manatee County Food & Nutrition Services

2021-22 Allergy information LUNCH

Information based on current recipes and manufactures' food labels. The allergens are subject to change without notice. Items listed separately. Condiments are not included

X-Indicates food allergen

Item #	Item	Peanuts	Treenuts	Egg	Gluten	Wheat	Soy	Milk	Red Dye #40	Pork	Fish/Shellfish
Milk											
06002	Chocolate, Skim							x			
06006	Lactaid							x			
06007	Soy, Vanilla						x				
06004	White, 1%, & Skim							x			
Juice											
	Juice, All (Except Blue Raspberry)										
07708	Juice , Blue Raspberry								x		
Fruit *May contain Lite syrup											
M-907	Apple Crisp				x	x	x	x			
07206	Apple Slices										
07003	Applesauce, All										
M-114	Applesauce, Rosy								x		
07508	Blueberries, Frozen										
M-703	Cinnamon Apples				x	x	x	x			
	Fruit, Fresh- All Varieties										
07004	Mandarin Oranges, Canned										
07021	Mandarin, Oranges, Cup										
M-700	Mandarin Oranges/Grapes										
07011	Mango Sliced Tub										
07002	Mixed Fruit*, Canned										
07019	Mixed Fruit ZZ										
M-907	Peach Crisp*				x	x	x	x			
07018, 07023	Peach Cup										
07017	Pear Cup ZZ										
07003	Pears, Canned										
07005	Pineapple, Canned										
07803	Raisins/Crasins/Raisels										
07500	Sidekick, Blue Raspberry (Grape/Pear Juice)										
07501	Sidekick, Strawberry Kiwi (Grape/Pear Juice)										
07502	Sidekick, Strawberry Mango (Grape/Pear Juice)										
07515	Slushie, Bloom (Grape and Pear)										
	Slushie Luck										
07517	Slushie, Paradise Punch										
07503	Slushie, Snowman										
07514	Slushie, EEK (Graoe and Pear)										
07511	Slushie, Emoji Ice (Apple Juice)										
M-713	Strawberries/Bananas										
07516	Strawberry Cup*										



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Entrée Items											
M-209	Baked Ziti				x	x	x	x			
M-301	BBQ Pork Flatbread				x	x	x	x		x	
08241	Bean Dip Cheese						x	x			
08000	Beef , Crumbles						x				
08002,08005,08006	Beef, Patty 3oz										
08004	Beef, Patty Smokie Grill										
08003	Beef, Philly Shrd										
M-302	Boom Boom Chicken			x	x	x	x	x			
08221	Bread, Garlic Cheese				x	x	x	x			
08229	Bread, Pull Apart Italian IW				x	x	x	x			
08230	Bread, Pull Apart Southwest IW				x	x	x	x			
02017	Bread, White WG				x	x	x				
M-303	Buffalo Chicken Dip			x			x	x			
08222	Burrito Bean Chile & CHS IW				x	x	x	x			
08235	Burrito, Bean Cheese IW				x	x	x	x			
08236	Burrito, Bean Green Chile IW				x	x	x	x			
08223	Burrito Beef CHS & Chile				x	x	x	x			
02308	Cavatppi 3 Cheese			x	x	x		x			
M-210	Cheese Lasagna Rolls				x	x	x	x			
08109	Cheese Sauce Bag							x			
08240	Cheese Stick Breaded Moz				x	x		x			
08118	Cheese Queso Bowl							x			
	Cheeseburger				x	x	x	x			
M-306	Chicken Enchilada Bowl				x	x	x	x	x		
08703	Chicken, Diced										
08705	Chicken, Dill Pickle Bites				x	x		x			
08734	Chicken, Dippers New				x	x		x			
08712	Chicken, Dippers				x	x	x	x			
M-325	Chicken, Fajita Meat										
08737	Chicken, General Tso New				x	x	x				
08718	Chicken, General Tso's			x	x	x	x				
08739	Chicken, Nuggets Hearts				x	x	x				
08742	Chicken, Nuggets Sharks				x	x	x				
08731	Chicken, Nuggets Stars				x	x	x				
08738	Chicken, Orange New				x	x	x				
08715	Chicken, Orange Mandarin			x	x	x	x				
08719	Chicken, Patty Breaded Dill				x	x	x	x			
08735	Chicken, Patty Breaded New				x	x		x			
08716	Chicken, Patty Breaded				x	x	x	x			
08736	Chicken, Patty Breaded Spicy New				x	x		x			
08717	Chicken, Patty Breaded Spicy				x	x		x			
08721	Chicken, Patty Grilled						x				
M-316	Chicken, Popcorn Bowl			x	x	x	x	x			
08720	Chicken, Popcorn Smackers				x	x	x	x			
08727	Chicken, Shredded										
08709	Chicken, Southern Drumstick WG				x	x					
08726	Chicken, Strip Grilled						x				
08733	Chicken, Tenders New				x	x		x			
08725	Chicken, Tenders				x	x	x	x			



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08724	Chicken, Tenders Spicy WG				x	x					
08700	Chicken, Wing Zing				x	x	x				
08730	Chicken Wings (W/O Sauce)										
M-308	Chicken Wings, Buffalo Sauce						x	x			
08732	Chicken Wings, Boneless (W/O Sauce)				x	x					
M-326	Chicken Wings, Boneless Buffalo				x	x	x	x			
08204	Chicken, Corn Dog			x	x	x	x				
08203	Chicken, Corn Dog Mini			x	x	x	x				
02008	Croissant			x	x	x	x	x			
M-327	Enchilada (Review Suace Ingredients)							x			
08501	Fish, Patty Breaded WG				x	x	x	x			x
08502	Fish Stick				x	x	x				x
08702	Frank, Turkey										
M-517	Grilled Cheese WG				x	x	x	x			
08606	Ham, Boneless Cut									x	
	Hamburger				x	x	x				
08209	Lasagna Cheese WG			x	x	x		x			
02306	Mac and Cheese RS			x	x	x		x			
08210	Maxx Sticks WG				x	x	x	x			
	Maxx Sticks WG w/Marinara Sauce				x	x	x	x			
M-322	Meat Sauce, Italian						x				
	Meat Sauce with Pasta				x	x	x				
M-312	Meatballs in Sauce with or without pasta (Beef)				x	x	x	x			
08001	Meatballs, Beef				x	x	x	x			
M-314	Nacho/Taco Meat						x				
M-315	Nashville Hot Chicken				x	x	x	x			
08215	Pizza, Buffalo Chicken				x	x	x	x			
08226	Pizza, Carry in BBQ				x	x	x	x			
08205	Pizza, Carry In Cheese Dominos				x	x	x	x			
08207	Pizza, Carry In Chicken Hot Dominos				x	x	x	x			
08208	Pizza, Carry In Hawaiian Dominos				x	x	x	x		x	
08206	Pizza, Carry In Pepperoni Dominos (Pork & Beef)				x	x	x	x		x	
08219	Pizza, Carry In Valedictorian (Pork & Beef) Dominos				x	x	x	x		x	
08218	Pizza, Carry In Zesty Italian Dominos (Pork and Beef)				x	x	x	x		x	
08225	Pizza, Cheese Box				x	x	x	x			
08216	Pizza, Cheese (Round)				x	x	x	x			
08201	Pizza, Fiestada WG (Beef)				x	x	x	x			
08901	Pizza, Lunch Kit				x	x	x	x			
08217	Pizza, Pepperoni WG (Turkey & Beef)				x	x	x	x			
08239	Pizza, Ranchero				x	x	x	x			



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08602	Pork, Pulled									X	
08607	Pork, Pulled BBQ Brookwood						X			X	
8605	Pork, Rib Patty, No Bun (McManatee)				X	X	X	X		X	
02016	Pretzel WG Large				X	X	X				
08200	Quesadilla, Chicken			X	X	X	X	X			
08232	Sandwich Stuf Pepp			X	X	X	X	X		X	
08603	Sausage, Link Pork									X	
08600	Sausage Patty Pork									X	
08708	Sausage Patty Turkey										
08220	Stromboli, Meat lovers (Pork, Beef)				X	X	X	X		X	
	Tacos, Soft (w/meat)				X	X	X				
08238	Taco Wrap, Beef and Cheese				X	X	X	X			
02004	Toast Garlic WG				X	X	X	X			
02307	Taquito, Chicken & Cheese				X	X	X	X			
02303	Tornado, Ranchero (Beef)				X	X	X	X			
08701	Turkey Gravy						X				
08722	Turkey Ham, Sliced Natural										
08707	Turkey, Breast Diced										
08710	Turkey, Breast Thick Cut										
08706	Turkey, Ham Diced										
08909	Turkey, Lunchable			X	X	X	X	X			
08212	Uncrustable, Grape	X			X	X	X				
08213	Uncrustable, Strawberry	X			X	X	X				
M-320	Parfaits, Yogurt w/o Granola							X			
M-320	Parfaits, Yogurt w/ Rockin Ola							X			



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Vegetables											
12200	Asparagus, Roasted										
11702	Chili Veggie 3 Bean						x				
12004	Beans, Baked Vegetarian						x				
12000	Beans, Black Canned										
12800	Beans, Black Seasoned Bag										
12001	Beans, Garbanzo										
12002	Beans, Kidney Dark										
12003	Beans, Refried										
12801	Beans, Refried Bag										
M-642	Broccoli w/Cheese							x			
12203	Broccoli, Steamed or Fresh										
12515	Broccoli, Frozen										
M-618	Carrots, Honey Glazed						x	x			
12205	Carrots, Baby Bulk										
12305	Celery										
12404	Celery & Carrots										
M-608	Cheesy Refried Beans							x			
12209	Coleslaw										
12009	Corn (Kernels and On Cob)										
12516	Corn, Frozen										
12211	Cucumber Slices										
12412	Edamame Bag						x				
12517	Fries, Baked Crinkle Cut						x				
12518	Fries, Curly RS						x				
12521	Fries, Stix Season						x				
M-609	Fries, Sweet Potato & Cinnamon						x				
12522	Fries, Sweet Potato Slim						x				
S	Fries, Sweet Potato Waffle						x				
12514	Green Beans, Canned or Frozen										
M-613	Green Beans, Garlic and Herb										
M-635	Green Beans, Southern						x				
M-639	Green Beans, Sweet and Spicy (sesame)				x	x	x				
M-620	Lettuce and Tomato Cup										
M-622	Lettuce, Tomato, Cheese Cup							x			
12008	Marinara Sauce Cup										
M-631	Mini Romaine Salad										
12219	Mushrooms										
11227	Onion Rings				x	x	x	x			
12505	Peas										
12508	Potato, Bites C						x				
12523	Potato, Sweet Waffle						x				
12525	Potato, Waffle Fry				x	x	x				
12520	Potatoes, Smiles						x				
12519	Potatoes, Sweet Potato Mashed season						x	x			
12509	Potatoes, Sweet Potato Puffs										
12421	Pumpkin Bag FFVP										
12010	Salsa, Cup										
12011	Sauce, Spaghetti Red Gold Can						x				
12524	Potato Tator Tots						x				



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12234	Tomatoes, Cherry										
Breads/Grains											
02030	Biscuit Dough White				x	x	x	x			
02024	Bread, Sliced Gluten Free			x							
02012	Bread, Garlic WG				x	x	x	x			
02052	Bred, Garlic Toast				x	x	x	x			
02026	Bread, Flatbread				x	x	x	x			
02002	Bread, Loco/Flatbread				x	x	x				
02005	Bread, Pumpkin SLC			x	x	x	x	x			
02003	Breadstick Garlic WG , 2oz				x	x	x	x			
02023	Bun, Hamburger Gluten Free			x							
02018	Bun, Hamburger WG				x	x	x				
02000	Bun, Hot Dog 6 in WG				x	x	x				
02032	Bun, Slider 3'				x	x	x				
10024	Chip, Top N Go Doritos							x	x		
10023	Chip, Top N Go Tositos										
M-211	Cilantro Lime Rice						x	x			
02012	Cornbread Stuffing				x	x	x				
02027	Cornbread Loaf			x	x	x	x	x			
02029	Hoagie 6in WG				x	x	x				
02020	Hushpuppies, Sweet Corn WG			x	x	x	x	x			
02500/2501/2502/2503	Pasta (elbow, penne, spaghetti, rotini)				x	x					
02602	Rice, Brown										
02601	Rice , Chicken Flavor										
02039	Roll, Hawaiian			x	x	x	x	x			
02009	Roll, WG 2 oz. (Reg & Garlic)				x	x	x	x			
02019	Taco Shell, Hard										
02034	Tortilla, 6in Wheat				x	x					
02038	Waffle, Slider Mini			x	x	x	x	x			
Soup											
11702	Chili Veggie 3 Bean						x				
11701	Tomato				x	x					



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Condiments											
11601	Bacon Bits, Turkey										
11602	Bacon Slices									x	
05525	Black Olives, Sliced										
11608	Butter Spray							x			
08111	Cheese, American Slice C						x	x			
08110	Cheese, Cheddar Slice and Shredded							x			
08105	Cheese, Feta							x			
08108	Cheese, Mozzarella							x			
08106	Cheese, Parmesian							x			
03205	Cheese, Provolone							x			
03206	Cheese, Swiss							x			
05000	Cream Cheese LGT Cup							x			
05006	Creamer							x			
11213	Dressing , Balsamic Vinegar										
03103	Dressing , Balsamic Vinaigrette PC						x				
05028	Dressing , Honey Mustard PC			x			x				
03102	Dressing , Thousand Island PC			x			x				
05027	Dressing, Blue Cheese PC			x			x	x			
05541	Dressing, Chipotle Ranch			x			x	x			
05503	Dressing, Coleslaw			x			x				
05502	Dressing, Creamy Caesar			x			x	x			x
05001	Dressing, Creamy Caesar PC						x	x			x
05504	Dressing, Greek						x	x			
05002	Dressing, Greek PC						x	x			
05521	Dressing, Honey Mustard			x			x				
11529	Dressing, Italian										
05505	Dressing, Italian Creamy						x				
05023	Dressing, Italian Fat Free PC										
05506	Dressing, Ranch Buttermilk			x			x	x			
05011	Dressing, Ranch Fat Free Dip							x			
05008	Dressing, Ranch Ken's Lite PC			x			x	x			
05009	Dressing, Raspberry Vinaigrette PC								x		
05511	Dressing, Raspberry Walnut		x				x		x		
11100	Gravy, Brown			x	x	x	x	x			
11101	Gravy, Chicken			x	x	x	x	x			
11102	Sausage, Gravy				x	x	x			x	
11103	Gravy, White (Chicken & (Pork)			x	x	x	x	x		x	
05030	Hummus PC						x				
05501	Honey Amber Light										
05017	Hot Sauce PC										
05526	Jalapeno Peppers										
05010	Jelly PC										
05025	Jelly Grape										
05035	Ketchup Dunk Cup										
05513	Ketchup Jug W Pump										
05036	Ketchup PC (Made with Sugar/RS)										
05015	Margarine						x	x			
05029	Mayonnaise, Reduced Calorie PC			x			x				
05516	Mustard Jug										



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05016	Mustard PC										
05031	Peanut Butter, PC	x					x				
12226	Pico de Gallo										
05019	Relish PC Sweet										
05514	Relish Sweet Pickle										
08100	Sauce, Alfredo							x			
05013	Sauce, BBQ PC										
05524	Sauce, BBQ Sweet										
05034	Sauce, BBW RS Dunk Cup						x				
05520	Sauce, Boom Boom			x			x				
05517	Sauce, Buffalo										
05528	Sauce, Buffalo Wing						x	x			
05509	Sauce, Enchilada										
11607	Sauce, Hot PC										
12008	Sauce, Marinara Cup										
05510	Sauce, Picante										
03118	Sauce, Pizza - requested spec sheet 7/14										
08101	Sauce, Queso Cheese							x			
05512	Sauce, Soy				x	x	x				
11224	Sauce, Spaghetti						x				
05021	Sauce, Sweet & Sour PC						x				
05020	Sauce, Tartar PC			x			x				
05515	Sauce, Teriyaki				x	x	x				
05032	Sour Cream PC							x			
11221	Sunflower Seeds, Bulk Salad Bar	x	x	x	x	x	x				
05012	Syrup										
05022	Taco Sauce						x				
11603	Tortilla Strips								x		