



**Manatee County Food & Nutrition Services**

**2020-2021 Allergy information LUNCH**

Information based on current recipes and manufactures' food labels. The allergens are subject to change without notice. Items listed separately. Condiments are not included

X-Indicates food allergen

Item #	Item	Peanuts	Treenuts	Egg	Gluten	Wheat	Rye	Barley	Oats	Soy	Milk	Corn	Red Dye #40	Pork	Fish/Shellfish
<b>Milk</b>															
06006	Chocolate, Skim										x	x			
06011	Lactaid										x				
06012	Soy, Vanilla									x					
06009	Strawberry, Skim										x				
06008	White, 1%, & Skim										x				
<b>Juice</b>															
	Juice, All (Except Blue Raspberry)														
07707	Juice , Blue Raspberry												x		
<b>Fruit *May contain Lite syrup</b>															
M-145	Apple Crisp				x	x			x	x	x				
07242	Apple Slices														
07003	Applesauce, All														
M-396	Applesauce, Frosty Blue														
M-396	Applesauce, Blue Fish														
M-114	Applesauce, Rosy												x		
07412	Blueberries, Frozen														
M-137	Cinnamon Apples				x	x				x	x	x			
	Fruit, Fresh- All Varieties														
07009	Mandarin Oranges, Canned														
M-81	Mandarin Oranges/Pineapple														
07019/07235	Mango														
07005	Mixed Fruit*, Canned											x			
07026	Mixed Fruit, Cup Del Monte														
M-146	Peach Crisp*				x	x			x	x	x	x			
07022	Peach Cup, Diced Del Monte														
07007	Peaches*, Canned												x		
07023	Pear Cup, Diced Del Monte														
07014	Pears, Canned											x			
07010	Pineapple, Canned														
	Raisins/Crasins/Raisels														
07401	Sidekick, Blue Raspberry (Grape/Pear Juice)														
07402	Sidekick, Strawberry Kiwi (Grape/Pear Juice)														
07406	Sidekick, Strawberry Mango (Grape/Pear Juice)														
07422	Slushie, American Hero (Apple Juice)														



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	Slushie, Bloom (Grape and Pear)														
	Slushie, EEK (Graoe and Pear)														
07424	Slushie, Emoji Ice (Apple Juice)														
	Slushie, Givin Thanks (Apple Juice)														
07423	Slushie, Luck O'The Ice (Apple Juice)														
	Slushie, Sno Joe (Apple Juice)														
07429	Slushie, Spiced Straw/Jalap (Apple, Grape, & Beet Juice)														
	Slushie, Sports (Apple Juice)														
07416	Slushie, Sweetheart Freeze (Apple Juice)														
M-113	Strawberries/Bananas														
M-115-B	Strawberries/Bananas/Pineapple														
07409	Strawberry Cup*											X			
07433	Mixed Berry Cup*														
M-243	Strawberry/Blueberries														
<b>Entrée Items</b>															
M-229	Baked Ziti				X	X				X	X				
M-394	BBQ Pork Flatbread				X	X		X		X	X	X		X	
M-556	Beanie Weenie									X		X			
08012	Beef , Crumbles									X					
08019	Beef, Patty 3oz														
XX_08006	Beef, Patty Breaded WG				X	X				X		X			
08001	Beef, Patty Smokie Grill														
M-313	Beef-a-Roni				X	X				X	X				
M-637	Boom Boom Chicken			X	X	X				X	X	X			
08418	Bread, Garlic Cheese				X	X		X		X	X	X			
08424	Breadstick, Cheese Bosco				X	X				X	X	X			
M-231	Buffalo Chicken Dip			X						X	X				
M-244	Buffalo Chicken Tender Hoagie (sesame)			X	X	X		X		X	X	X			
08427	Burrito Bean Chile & CHS IW				X	X		X		X	X	X			
08428	Burrito Beef CHS & Chile				X	X		X		X	X	X			
M-253	Burrito Smothered				X	X				X	X	X			
M-212,219	Cajun Chicken Penne				X	X				X	X	X			
XX_08411	Calzone, Cheese				X	X		X		X	X	X			
XX_08422	Calzone, Ham and Cheese				X	X		X		X	X	X			
M-319	Chalupa				X	X		X	X	X	X	X			
M-217	Cheese Lasagna Rolls				X	X				X	X				
08115	Cheese Sauce Bag										X				
	Cheeseburger				X	X		X		X	X				
M-391	Chicken Bacon Ranch Flatbread			X	X	X		X		X	X				
M-218	Chicken Enchilada Bowl				X	X				X	X	X	X		
M-167	Chicken Parm Sandwich on Bun				X	X		X		X	X	X			
08814	Chicken, Diced														
08824	Chicken, Dill Pickle Bites				X	X				X	X				
08852	Chicken, Dippers				X	X				X	X	X			
M-279	Chicken, Fajita Meat											X			
08868	Chicken, General Tso's			X	X	X				X		X			
XX_08888	Chicken, Guajillo Tender				X	X				X		X			
08896	Chicken, Lemongrass			X	X	X				X		X			
08862	Chicken, Orange Mandarin			X	X	X				X		X			
08869	Chicken, Patty Breaded Dill				X	X				X	X				
XX-08836	Chicken, Patty Breaded Premium Tyson				X	X				X					
08895	Chicken, Patty Premium C					X				X					
08864	Chicken, Patty Breaded Spicy				X	X					X	X			
08863	Chicken, Patty Breaded WM C Goldkist				X	X				X	X	X			



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08871	Chicken, Patty Grilled									x					
M-215	Chicken, Popcorn Bowl			x	x	x				x	x	x			
08870	Chicken, Popcorn Smackers				x	x				x	x	x			
08891	Chicken, Shredded														
08841	Chicken, Southern Drumstick WG				x	x						x			
08886	Chicken, Strip Grilled									x		x			
08885	Chicken, Tenders				x	x				x	x	x			
08884	Chicken, Tenders Spicy WG			x	x	x			x	x		x			
08809	Chicken, Wing Zing				x	x				x		x			
XX_08874	Chicken, Wings				x	x				x		x			
08894	Chicken Wings									x		x			
M-278	Chicken, Wings Sweet Baby Rays Wing Sauce									x	x	x			
08326	Corn Dog, Mini Turkey WG Sara Lee			x	x	x				x	x	x			
08321	Corn Dog, Turkey WG Sara Lee			x	x	x				x	x	x			
08431	Croissant, Stuffed Meatball (sesame) (Chicken & Beef)			x	x	x				x	x	x			
08430	Croissant, Stuffed Pepperoni (Turkey)			x	x	x				x	x	x			
08606	Fish, Patty Breaded WG				x	x				x		x			x
08023	Frank, Beef														
08811	Frank, Turkey											x			
M-232	Grilled Cheese WG				x	x		x		x	x				
08702	Ham, Spiral Cut													x	
	Hamburger				x	x		x		x					
M-176	Hamburger Gravy			x	x	x				x	x	x			
M-338	Hawaiian Pork Sandwich			x	x	x				x	x				
M-178	Lemongrass Asian Tacos			x	x	x				x		x			
02328	Mac and Cheese RS			x	x	x					x				
XX_02316	Mac and Cheese WG			x	x	x					x				
08350	Maxx Sticks WG				x	x		x		x	x	x			
	Maxx Sticks WG w/Marinara Sauce				x	x		x		x	x	x			
M-185	Meat Sauce									x					
	Meat Sauce with Pasta					x				x					
M-216	Meatball Sub (sesame) (Beef)				x	x		x	x	x	x				
M-180	Meatballs in Sauce with or without pasta (Beef)				x	x				x	x				
08017	Meatballs, Beef				x	x				x	x				
M-156	Mojo Pork									x					
08134	Mozzarella Dippers				x	x				x	x	x			
M-316	Nacho/Taco Meat									x		x			
M-337	Nashville Hot Chicken				x	x				x	x	x			
M-405	Philly Cheese Steak (sesame)				x	x			x	x	x	x			
08395	Pizza, Buffalo Chicken				x	x		x	x	x	x	x			
08330	Pizza, Carry In Cheese Dominos				x	x				x	x	x			
08347	Pizza, Carry In Chicken Hot Dominos				x	x				x	x	x			
08348	Pizza, Carry In Hawaiian Dominos				x	x				x	x	x		x	
08331	Pizza, Carry In Pepperoni Dominos (Pork & Beef)				x	x				x	x	x		x	
08413	Pizza, Carry In Valedictorian (Pork & Beef) Dominos				x	x				x	x	x		x	
08412	Pizza, Carry In Zesty Italian Dominos (Pork and Beef)				x	x				x	x	x		x	
08404	Pizza, Cheese (Round)				x	x		x		x	x				
08398	Pizza, Cheese (Wrapped)				x	x		x		x	x				
08314	Pizza, Fiestada WG (Beef)				x	x		x		x	x	x			
08426	Pizza, Four Meat (Pork, Beef, Turkey)				x	x		x	x	x	x	x		x	
XX_08423	Pizza, Pepperoni Individual				x	x		x		x	x	x			
08405	Pizza, Pepperoni WG (Turkey & Beef)				x	x		x		x	x				
M-228	Pork Carnita Tacos (w/Torillas)				x	x					x			x	
M-312	Pork, BBQ Pulled											x		x	



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08709	Pork, Rib Patty, No Bun (McManatee)				x	x				x	x	x		x	
02050	Pretzel WG Large				x	x		x		x		x			
08311	Quesadilla, Chicken			x	x	x		x		x	x				
08425	Quesadilla, Chicken/CHS				x	x				x	x	x			
08415	Ravioli, Breaded			x	x	x				x	x	x			
M-275	Sandwich, Italian Beef Hot				x	x		x		x	x	x			
08706	Sausage, Link Pork											x		x	
M-123	Shepherd's Pie (Beef)			x	x	x				x	x	x			
M-188	Sloppy Joe on Bun				x	x		x		x		x			
XX_08006	Southern Fried Steak w/Gravy				x	x				x	x	x			
08417	Stromboli, Meat lovers (Pork, Beef)				x	x		x		x	x	x		x	
	Tacos, Soft (w/meat)				x	x				x		x			
02323	Tornado, Ranchero (Beef)				x	x				x	x	x			
02324	Tornado, Southwest (Chicken)				x	x				x	x	x			
08810	Turkey Gravy									x		x			
08825	Turkey Ham, Diced														
08875	Turkey Ham, Sliced Natural														
08828	Turkey, Breast Diced														
08844	Turkey, Breast Thick Cut														
08859	Turkey, Deli Sliced														
08825	Turkey, Ham Diced														
08380	Uncrustable, Grape	x			x	x		x		x					
08381	Uncrustable, Strawberry	x			x	x		x		x					
M-153	Walking Taco									x	x	x	x		
M-116	Yogurt Parfaits (Kosher Gelatin)				x	x			x	x	x	x			



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<b>Vegetables</b>															
12439	Asparagus, Roasted														
12107	Beans, Baked Vegetarian									x		x			
12101	Beans, Black														
12113	Beans, Black Seasoned														
12115	Beans, Refried														
M-23	Broccoli w/Cheese										x				
M-179	Broccoli & Cauliflower Casserole (Sesame)			x	x	x	x	x	x	x	x	x			
M-240	Broccoli Crunch Salad (Turkey)	x		x	x	x				x	x				
M-239	Broccoli, Lemon Pepper									x	x				
M-251	Broccoli, Sesame (Sesame)				x	x				x					
12433	Broccoli, Steamed or Fresh														
M-276	Broccoli, Stir Fried (Chicken)				x	x				x	x	x			
M-257	Carrots, Honey Glazed									x	x				
M-139	Carrots, Ranch Glazed									x	x				
12435	Carrots, Steamed or Fresh														
M-129	Cauliflower Casserole (Sesame)			x	x	x	x	x	x	x	x	x			
M-254	Cauliflower w/ Cheese										x				
	Celery														
	Celery & Carrots														
M-329	Cheesy Refried Beans										x				
M-133	Coleslaw			x						x					
12608	Corn (Kernels and On Cob)											x			
12419	Cucumber Slices														
	Fresh Veggie Cup														
12618	Fries, Baked Crinkle Cut									x		x			
XX_12611	Fries, Baked Curly				x	x				x		x			
12651	Fries, Curly RS									x		x			
12630	Fries, Stix Season									x		x			
M-144	Fries, Sweet Potato & Cinnamon									x		x			
12625	Fries, Sweet Potato Slim									x		x			
12624	Fries, Sweet Potato Waffle									x		x			
M-238	Green Bean Casserole				x	x				x	x	x			
12627	Green Beans, Canned or Frozen														
M-164	Green Beans, Garlic and Herb														
M-126	Green Beans, Garlic Parm										x				
M-277	Green Beans, Honey Garlic				x	x				x					
M-324	Green Beans, Japanese (sesame)				x	x				x					
M-252	Green Beans, Southern									x		x			
M-107	Green Beans, Sweet and Spicy (sesame)				x	x				x		x			
M-131	Lettuce and Tomato Cup														
M-445	Lettuce, Tomato, Cheese Cup										x				
12110	Marinara Sauce									x					
05539	Marinara Sauce, Cup									x		x			
M-134	Mini Romaine Salad														
M-256	Mini Spinach & Mushroom Salad			x											
M-136	Mini Spinach Salad														
12420	Mushrooms														
12652	Onion Rings				x	x				x	x	x			
12604	Peas														
12641	Potato, Bites C									x					
12650	Potato, Waffle Fry				x	x				x		x			
12649	Potatoes, Emoticons									x		x			
M-141	Potatoes, Mashed Red									x	x				



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12647	Potatoes, Mashed Regular									x	x				
M-120	Potatoes, Roasted Red														
M-181	Potatoes, Rosemary Roasted Red														
12612	Potatoes, Smiles									x		x			
M-202	Potatoes, Sweet Potato Bake				x	x			x	x	x	x			
12639	Potatoes, Sweet Potato Mashed Plain										x	x			
12637	Potatoes, Sweet Potato Puffs											x			
M-118	Roasted Vegetables														
12118	Salsa, Cup														
XX_11210	Sauce, Spaghetti									x		x			
12231	Sauce, Spaghetti Red Gold									x					
M-433	Sriracha Cauliflower Bites														
12635	Tater Tots									x		x			
12407	Tomatoes, Cherry														
M-168	Zucchini, Roasted Italian										x				



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<b>Breads/Grains</b>															
02091	Biscuit, White 2oz (Sesame)			x	x	x				x	x	x			
02084	Bread, Sliced Gluten Free											x			
02098	Bread, French				x	x		x		x					
02012	Bread, Garlic WG				x	x		x		x	x				
02006	Bread, Loco/Flatbread				x	x		x	x	x					
02059	Bread, WG				x	x		x		x					
02011	Breadstick Garlic WG , 2oz				x	x		x		x	x				
02083	Bun, Hamburger Gluten Free											x			
02066	Bun, Hamburger WG				x	x		x		x					
02003	Bun, Hot Dog WG				x	x		x		x					
02095	Bun, Slider 3'				x	x		x		x					
10049	Chip, Top N Go Doritos										x	x	x		
10048	Chip, Top N Go Tositos											x			
M-518	Cilantro Lime Rice									x	x				
02088	Cornbread Loaf			x	x	x		x		x	x	x			
02090	Hoagie 6in WG				x	x		x		x					
02002	Hoagie Bun Mini WG (Sesame)				x	x			x	x					
02075	Hushpuppies, Sweet Corn WG			x	x	x				x	x	x			
02511	Lo Mein Noodles			x	x	x				x					
	Pasta (elbow, penne, spaghetti, rotini)				x	x									
02602	Rice , Chicken Flavor									x		x			
02608	Rice, Brown														
02706	Roll, Hawaiian			x	x	x				x	x				
02034	Roll, WG 2 oz. (Reg & Garlic)				x	x		x		x	x				
02042	Stuffing , Cornbread (Chicken)		x		x	x		x		x	x	x			
02074	Taco Shell, Hard											x			
10032	Tortilla Chips, Tostitos											x			
02082	Tortilla, 6in Wheat				x	x									
02099	Tortilla, 6in White				x	x									
02705	Waffle, Slider New			x	x	x				x	x				
XX_02704	Waffle, Slider				x	x				x	x				
<b>Soup</b>															
11605	Chili, Veggie 3 Bean									x		x			
11604	Tomato				x	x									



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<b>Condiments</b>															
08890	Bacon Bits, Turkey														
08711	Bacon Slices													x	
11518	Butter Spray										x				
08119	Cheese, American Slice C									x	x				
03127	Cheese, Blue Crumble										x				
08117	Cheese, Cheddar Slice and Shredded										x				
08106	Cheese, Feta										x				
08111	Cheese, Mozzarella										x				
08107/08122	Cheese, Parmesian										x				
03060	Cheese, Provolone										x				
08113	Cheese, Swiss										x				
05529	Cream Cheese										x				
03040	Croutons				x	x					x	x			
05049	Dressing , Balsamic Vinaigrette PC									x					
05047	Dressing , Honey Mustard PC			x						x		x			
05048	Dressing , Thousand Island PC			x						x					
05012	Dressing, Asian PC (Sesame)				x	x				x		x			
05537	Dressing, Blue Cheese			x						x	x	x			
05046	Dressing, Blue Cheese PC			x						x	x				
05541	Dressing, Chipotle Ranch			x						x	x	x			
05505	Dressing, Coleslaw			x						x					
05504	Dressing, Creamy Caesar			x						x	x	x			x
05003	Dressing, Creamy Caesar PC									x	x				x
05506	Dressing, French									x					
05043	Dressing, French Honey PC									x					
05507	Dressing, Greek									x	x				
05005	Dressing, Greek PC									x	x				
05542	Dressing, Honey Mustard			x						x					
05509	Dressing, Italian Creamy									x		x			
05029	Dressing, Italian Creamy PC									x					
05034	Dressing, Italian Fat Free PC										x	x			
05044	Dressing, Italian Vinaigrete PC									x	x				
05510	Dressing, Ranch Buttermilk			x						x	x				
05016	Dressing, Ranch Fat Free PC										x	x			
05013/05002	Dressing, Ranch Ken's Lite PC			x						x	x	x			
05014	Dressing, Raspberry Vinaigrette PC											x	x		
05511	Dressing, Raspberry Walnut		x							x			x		
05530	Dressing, Thousand Island			x						x					
11101	Gravy, Brown			x	x	x				x	x	x			
11102	Gravy, Chicken			x	x	x				x	x	x			
11105	Gravy, White (Chicken & Pork)			x	x	x				x	x	x		x	
05051	Hummus PC									x					
05550	Jalapeno Peppers														
05015	Jelly PC											x			
05056	Ketchup Dunk Cup														
05004	Ketchup PC											x			
05057	Ketchup PC (Made with Sugar/RS)														
05007	Ketchup, Sriracha PC														
05050	Mayonnaise, Reduced Calorie PC			x						x		x			
05025	Mustard PC														
05052	Peanut Butter, PC	x								x					
12462	Pico de Gallo														
05028	Relish PC											x			





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05540	Sauce, Alfredo										x				
05548	Sauce, BBQ Bulk Sweet Baby Rays											x			
05055	Sauce, BBQ Dunk Cup									x		x			
05020	Sauce, BBQ PC											x			
05536	Sauce, Boom Boom			x						x		x			
05527	Sauce, Buffalo														
05533	Sauce, Buffalo Wing									x	x				
05501	Sauce, Chili Garlic (sesame)				x	x				x		x			
05515	Sauce, Enchilada											x			
05026	Sauce, Hot PC														
05555	Sauce, Korean BBQ									x					
12120	Sauce, Marinara									x					
12121	Sauce, Marinara Canned C									x					
05539	Sauce, Marinara Cup														
05516	Sauce, Picante														
05534	Sauce, Queso Cheese										x	x			
05518	Sauce, Soy				x	x				x					
11231	Sauce, Spaghetti									x					
05031	Sauce, Sweet & Sour PC									x		x			
05032	Sauce, Taco PC									x		x			
05030	Sauce, Tartar PC			x						x		x			
05554	Sauce, Teriyaki				x	x				x		x			
05053	Sour Cream PC										x	x			
11227	Sunflower Seeds, Bulk Salad Bar	x	x	x	x	x				x		x			
05524	Tortilla Strips											x	x		
<b>Try It! Items</b>															
	Spring Roll (sesame)				x	x									