



Manatee County Food & Nutrition Services

2021-22 Allergy information SANDWICHES & SALADS

Information based on current recipes and manufactures' food labels.

Items listed separately. Condiments are not included

X-Indicates food allergen

Item #	Item	Peanuts	Treenuts	Egg	Gluten	Wheat	Soy	Milk	Red Dye #40	Pork	Fish/Shellfish
Salads (all with out dressing)											
M-416	Breaded Chicken Caesar Salad				x	x	x	x			
M-418	Chef Salad			x				x			
M-419	Chef Salad w/Egg			x				x			
M-422	Chicken Dipper Caesar Salad				x	x	x	x			
M-423	Chicken Smacker Caesar Salad				x	x	x	x			
M-424	Chicken Tender Caesar Salad				x	x	x	x			
M-425	Cobb			x			x	x			
M-402	Cottage Cheese, Muffin, and Fruit			x	x	x	x	x			
M-457	Greek Salad							x			
M-436	Grilled Chicken Caesar Salad						x	x			
M-438	Hummus and Cheese Plate				x	x	x	x			
M-439	Hummus and Peanut Butter Plate	x			x	x	x				
M-442	Mediterranean Salad Topper							x			
M-400	Muffin, Cheese, and Fruit Plate			x	x	x	x	x			
M-402	Muffin, Cottage Cheese, Fruit Plate			x	x	x	x	x			
M-401	Muffin/Yogurt/Cheese			x	x	x	x	x			
M-403	Munchable, Egg (Goldfish Pretzels & Rice Krispie)			x	x	x	x	x			
M-404	Munchable, Ham (Goldfish Pretzel & Rice Krispie)				x	x	x	x			
M-405	Munchable, Peanut Butter (Heartzels & Rice Krispie)	x			x	x	x	x			
M-407	Munchable, Pepp and Cheese (Ritz Cracker & Rice Krispie)				x	x	x	x			
M-406	Munchable, Turkey (Ritz Crackers & Rice Krispie)				x	x	x	x			
M-443	Southwestern Grilled Chicken Salad						x				
M-412	Southwestern Salad Topper						x				
M-444	Southwestern Vegetarian Salad							x			
M-450	Taco Salad						x	x			
M-456	Vegetarian Garden Salad			x				x			
Sandwiches/Wraps											
08907	Chicken, Turkey Ham and Cheese Wedge				x	x	x	x			
08908	Chicken, Pepperoni, and Cheese Roll				x	x	x	x			
M-523	Ham and Cheese on Bread				x	x	x	x			
M-522	Ham and Cheese on Bun				x	x	x	x			
M-521	Ham and Cheese on Hoagie Homemade Roll				x	x	x	x			
M-525	Ham on Bread				x	x	x				
08904	Italian Combo Wrap, Café Favorites				x	x	x	x			
08902	Italian Swirl, Turkey Ham and Cheese Café Favorites				x	x	x	x			
08903	Italian Swirl, Turkey Ham, Pepperoni, Salami and Cheese				x	x	x	x			
M-536	Turkey and Cheese Hoagie Homemade Roll				x	x	x	x			
M-538	Turkey and Cheese on Bread				x	x	x	x			
M-537	Turkey and Cheese on Bun				x	x	x	x			
M-542	Turkey and Ham on Bread				x	x	x				
M-541	Turkey and Ham on Bun				x	x	x				
08906	Turkey Ham and Cheese Croissant Sandwich			x	x	x	x	x			
M-544	Turkey on Bread				x	x	x				



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Dressings/Condiments											
11601	Bacon Bits, Turkey										
11602	Bacon Slices									x	
11608	Butter Spray						x	x			
03207	Cheese, American Slice C						x	x			
03200	Cheese, Blue Crumble							x			
03201	Cheese, Cheddar Slice and Shredded							x			
08105	Cheese, Feta							x			
08108	Cheese, Mozzarella							x			
08113	Cheese, Parmesian							x			
03205	Cheese, Provolone							x			
03206	Cheese, Swiss							x			
05519	Cream Cheese							x			
03103	Dressing , Balsamic Vinaigrette PC						x				
05521	Dressing , Honey Mustard PC			x			x				
03102	Dressing , Thousand Island PC			x			x				
05541	Dressing, Chipotle Ranch			x			x	x			
05503	Dressing, Coleslaw			x			x				
05502	Dressing, Creamy Caesar			x			x	x			x
05001	Dressing, Creamy Caesar PC						x	x			x
05504	Dressing, Greek						x	x			
05002	Dressing, Greek PC						x	x			
05521	Dressing, Honey Mustard			x			x				
05505	Dressing, Italian Creamy						x				
05023	Dressing, Italian Fat Free PC										
05510	Dressing, Ranch Buttermilk			x			x	x			
05016	Dressing, Ranch Fat Free PC							x			
05008	Dressing, Ranch Ken's Lite PC			x			x	x			
05009	Dressing, Raspberry Vinaigrette PC								x		
05511	Dressing, Raspberry Walnut		x				x		x		
05530	Dressing, Thousand Island			x			x				
11101	Gravy, Brown			x	x	x	x	x			
11102	Gravy, Chicken			x	x	x	x	x			
11105	Gravy, White (Chicken & (Pork)			x	x	x	x	x		x	
05051	Hummus PC						x				
05550	Jalapeno Peppers										
05015	Jelly PC										
05056	Ketchup Dunk Cup										
05004	Ketchup PC										
05057	Ketchup PC (Made with Sugar/RS)										
05007	Ketchup, Sriracha PC										
05050	Mayonnaise, Reduced Calorie PC			x			x				
05025	Mustard PC										
05052	Peanut Butter, PC	x					x				
12462	Pico de Gallo										
05028	Relish PC										
08100	Sauce, Alfredo							x			
05548	Sauce, BBQ Bulk Sweet Baby Rays										



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05055	Sauce, BBQ Dunk Cup						x				
05020	Sauce, BBQ PC										
05520	Sauce, Boom Boom			x			x				
05527	Sauce, Buffalo										
05533	Sauce, Buffalo Wing						x	x			
05501	Sauce, Chili Garlic (sesame)				x	x	x				
05515	Sauce, Enchilada										
05026	Sauce, Hot PC										
12120	Sauce, Marinara						x				
05539	Sauce, Marinara Cup										
05516	Sauce, Picante										
08101	Sauce, Queso Cheese							x			
05518	Sauce, Soy				x	x	x				
11231	Sauce, Spaghetti						x				
05031	Sauce, Sweet & Sour PC						x				
05032	Sauce, Taco PC						x				
05030	Sauce, Tartar PC			x			x				
05554	Sauce, Teriyaki				x	x	x				
05053	Sour Cream PC							x			
11227	Sunflower Seeds, Bulk Salad Bar	x	x	x	x	x	x				
05524	Tortilla Strips								x		