

School Health Advisory Committee (SHAC)

Meeting Notes

Tuesday, September 11, 2018

12:00 PM to 2:00 PM

In attendance: Laura Brey, Sandy Ford, Skye Grundy, Jeanne Hashey, Shirley Hurley, Teresa Masterson, Michele Messina, Tima Midyette, Ro Mohamed, Regina Thoma, Charles Whitfield, & Skip Wilhoit.

Welcome and Introductions:

Skye Grundy introduced Charles Whitfield from CenterStone. He will be our new Chairman. We went around the room with each person introducing themselves and what they do for Mr. Whitfield.

Member Activities/Updates:

Sky Grundy:

- Summer feeding went well – approximately 220,000 meals were served.
- We have a new partnership with Tropicana.
- Foodservice is working on getting High School students to eat with us. They don't seem to want to waste their time waiting in line for food.

Skip Wilhoit:

- Spoke about the "No-One Eats Alone" program that was kicked off 2 years ago. Unfortunately, the program did not work great. There is a new program called "HELLO" available that is about the same thing and will be at all schools.
- We are looking for Club's willing to work with this. Sarasota County schools do have a good example that we could follow.
- Skip wants to strengthen our partnership with CenterStone. Charles Whitfield stated that CenterStone has 12 registered therapists that can do school based therapy.
- We need to update the members on our Threat Assessment Team. Need to add Michele Messina & others.

Jeanne Hashey:

- Through a company by the name of Healthy Schools, we will be offering Flu shots to all grade levels this year.
- The "Handle With Care" program is very important for the all-around care of our students.

Laura Brey:

- Bayshore High has been selected for the 1st School Based Clinic. It is being funded by Title IV monies. Federal Programs will be hiring a Coordinator and a Counselor and hopes to launch this in January, 2019. The clinic will do well care visits, etc. At the start, this will be for Bayshore High students only.

Michele Messina:

- Spoke about the new Mental Health First Aid initiative. The program teaches how to look for early signs of emotional distress & mental health issues. We are training Social Workers & School Psychologists first, then probably the Threat Assessment Teams.
- Most of the SRO's have already been trained in this.
- Charles Whitfield stated that he is a certified trainer for this program. CenterStone has a grant for this initiative.

Ro Mohamed:

- CVS has been approved to do on-site Flu shots for employees.
- Florida Blue is willing to do on-site presentations for groups of at least 10-12 employees.
- Tele-Doc seems to be going well.
- Optum is the new EAP provider. They will work with any employee and the immediate family (parents, children, etc.) and seem to be much better with more support.
- We have a need for Dieticians & Nutritionists to work with our employees with Diabetes.
- The School District does seem to be working on Employee well-being.

2017/2018 Healthy School District Gold Award:

- The 2017-2018 Healthy School District Gold Award will be given at an upcoming School Board meeting. Skye stated that we did well on last year's goals & she will send something out by e-mail to all.

Misc:

- Skip spoke about "Health Education Guidelines" which is a tool to help Principals when someone wants to be approved to make a presentation to our students. For new curriculum coming in, the material would be forwarded to the appropriate SHAC sub-committee to be looked at to be sure the curriculum is evidence based, etc.
- We do need to solidify our sub-committees so this information can be provided to the Principals so they know who to send new curriculum to for review. Subcommittees should be Mental Health, School Health, Safe Environment, Nutrition, etc.
- Ro Mohamed suggested checking with Bill Kelley in Risk Management & Mitch Teitelbaum for their buy-in.
- The suggestion was made that we may want to create a database to keep track of the curriculum that is sent to a SHAC sub-committee and if it was approved or not.
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Goals:

- Meeting attendance is not good. We need to market SHAC better
- Help & Support the new EAP plan/provider
- Skye will send out last year's goal results and this year's goals to all members
- Skip will send out the Health Education information to members.

Next meeting will be Monday, January 29, 2019 from 12:00 to 2:00 PM.

