

PALMETTO HIGH SCHOOL CHEERLEADING

2018-2019 VARSITY & JV TRYOUT PACKET

Like us on Facebook @ Palmetto Cheerleading



Please read completely and follow all instructions.

Tryout Week Information: Tryout Dates: Monday, April 9, 2018 -Thursday, April 12, 2018

April 9, 2018 First day of tryout clinic Paperwork Due	All Paperwork MUST be turned BEFORE participating in tryout clinics Athletes should be present for ALL clinic days Numbers Assigned, material taught.	Located in the PHS Gym 5:00-6:30 PM Arrive at 4:30 for to turn in paperwork
April 10, 2018- April 11, 2018 Tryout Clinic/ Review	All material taught and reviewed. Learn groups for final tryout	Located in the PHS Gym 5:00-6:30 PM
April 12, 2018 Final tryout	Athletes should arrive by 5pm and find their assigned group Judged tryouts will start at 6pm sharp and continue until all groups have been judged.	Located in the PHS Gym 5pm-TBA Tryout results will be posted by 10pm via the Palmetto Cheerleading Facebook page.

*****TRYOUTS WILL BE CLOSED THIS YEAR*****

ATTIRE:

Tryout Clinics—Athletic shirt and shorts. NO spaghetti straps. Cheer shoes if athlete owns them, otherwise any athletic shoe. Hair pulled back and off shoulders.

NO JEANS OR JEWELRY!

Final Tryout---

- 1- All athletes should wear a plain white shirt and plain black shorts.
- 2- Athletic shoes must be worn
- 3- Hair should be pulled back and off shoulders
- 4- We will provide each athlete with a number, this must be pinned to their outfit in clear view of the judges.

NO JEANS OR JEWELRY!

WHAT TO EXPECT:

Athletes will be judged on

- 1- Cheer and Chant—Motions, enthusiasm, projection, knowledge
- 2- Dance—Motions, knowledge, showmanship, execution
- 3- Jumps—Height, form, technique
- 4- Tumbling (if they are able)
- 5- Basic Stunting—FLYER TRYOUTS
- 6- General enthusiasm and spirit as well as conduct and attitude during tryouts.
- 7- **Athletes that turn in their packet, in correct order, to the front office or email to rachelm806@gmail.com before April 9th at 2:00pm will receive 5 extra points averaged into their score.**

Final team placement will be calculated using judges score sheets & a combination of a conduct/attitude score given by the coaches throughout tryout. However, the final decision regarding placement will be at the director's discretion. Team placement decisions will be final and non-negotiable.

Forms to be completed:

All forms must be filled out completely and turned in on the
1st night of tryouts; Monday, April 9th.

CANDIDATES MAY NOT BEGIN THE TRYOUT PROCESS UNTIL ALL FORMS ARE TURNED IN. Please turn them in, paper clipped together, in **ORDER** (as listed below).

1. Cheerleading Application with picture of Athlete
2. Cheerleading Financial Agreement Form
3. Medical Release Form
4. FHSA Pre-participation Evaluation (Medical Sports Physical Form)**
5. Consent & Release from Liability Certificate**
6. Interscholastic Eligibility Residence Affidavit **
7. Mandatory Random Drug-Testing Program Form**
8. A PRINTED copy of your last report card (most current)- MUST HAVE MINIMUM 2.0 UN-WEIGHTED CUMULATIVE GPA

***YOU DO NOT NEED TO PAY THE SCHOOL INSURANCE. Members who make the team will be required to purchase school coverage in August. ***

Forms with () noted afterwards are NOT INCLUDED in this packet and can be attained from going onto the PHS Website & printing them from the Athletics page or from the PHS front desk.**

http://www.edline.net/pages/sdmcupalmettohs/Athletics/Athletics_Department

Click on: Student Athletic PACKET- ALL FORMS

IF YOU MAKE THE TEAM!

Welcome to The Team Meet: This meeting will be held on April 16th at 6pm. It will be **MANDATORY** for cheerleaders **and** a parent to attend. The initial payment will be due at this time, as well as information on fundraisers, practices, paperwork, etc.

Practice Clothes Fitting: Team Members will be required to attend this fitting session on **May 1st** 6pm to ensure all clothes ordered fit properly. More information will be given upon placement on the team.

Palmetto High School Cheerleading Constitution: Upon making the 2018-2019 PHS Cheerleading Squad, each team member (and their parent/ legal guardian) will be required to sign the team constitution, which states all rules & requirement of PHS Cheer members.

School Insurance: Once the 2018-2019 school year starts ALL team members will be required to purchase the athletic insurance for the remainder of the season. Personal insurance does not count; you must purchase the athletic insurance.

Practice Schedule:

Remainder of 2016-2017 School Year

Thursdays 4:30pm-7:30pm (starting the week of April 23rd)

Summer practices (until Cheer Camp)

Tuesdays & Thursdays 9am-11am—no practice June 1st-14, July 1st-7th

additional summer days may added

2018-2019 School Year

Mondays and Wednesdays 2:30pm-4:30pm

Fundraisers:

ALL TEAM MEMBERS are required to participate in ALL planned fundraisers. Failure to do so will result in **IMMEDIATE** dismissal from the team. Fundraisers are to help families with their cheer costs as well as the general operating expenses of the cheer team. Palmetto Cheerleading runs strictly on funds raised. In order to help our teams progress, it is imperative we fundraise regularly.

MANDATORY--Ad Sales - 40% of sales go directly to cheerleader, Flapjack Fundraiser, Spirit Nights, Jr. Cheer Camp

OPTIONAL-- Sheet sales—100% of sales go directly to cheerleader

Cheer Camp:

ALL TEAM MEMBERS will attend a **MANDATORY** Cheer Camp this summer. Failure to go to camp for **ANY** reason by any team member will result in dismissal from the team. Cheer camp is scheduled August 2nd-5th at Embry Riddle in Daytona Beach.

DO NOT TRY OUT FOR THE TEAM IF YOU CAN NOT BE AT CAMP OR THE WEEK BEFORE CAMP!!! NO EXCEPTIONS.

Time Commitment-

Cheerleading is a LONG season. It is important parents and athlete understand this. Cheerleaders are expected to attend

- Varsity – All home and away Varsity football games
Junior Varsity – Freshman or JV football home games (Wednesdays or Thursdays)
- Summer practices and Camp
- In the event of make-up games scheduled on Saturday mornings, cheerleaders will be expected to attend.
- All pep rallies and school spirit events
- All scheduled community event. We will be participating in at least two community events this year
- Basketball games (we will work out schedule but it will be 1-2 games a week)
- Manatee County Fair Cheerleading Competition, Head to head competitions which may require travel to other in county schools, Varsity will be competing in the FHSAA State Series.

If any varsity member DOES NOT want to compete, coaches must be aware by the parent meeting following acceptance on the team.

additional competitions may be added depending on interest from athlete and parents, funds available, and scheduling

***If you have any questions pertaining to tryouts or the PHS
Cheerleading year, contact: Varsity Head Coach- Rachel
Mayle, at rachelm806@gmail.com***

PHS VARSITY AND JUNIOR VARSITY CHEERLEADING APPLICATION

Students Name: _____ Birth Date: _____

Age: _____ Grade (18-19 year): _____ Graduation Year: _____ GPA: _____

Address: _____

City: _____ Zip Code: _____

Home Phone: _____ Students Cell: _____

Parent/Guardian Name: _____

Parents Cell: _____ Parents Work Phone: _____

Students Email: _____

Parents Email: _____

Any Previous Cheer Experience:

11th and 12th grade only: Will you accept a position on a JV team? Yes / No

Please note, if you select "No" and your scores do not qualify for the Varsity level, you WILL NOT be offered a spot on the JV team

There are only a MAXIMUM of 20 positions on each team. Athletes will be placed on the team that best matches their skills, ability and attitude at time of tryouts. Current members are not guaranteed their spots.

As the parent/ legal guardian of the above named student, I give my permission for him/ her to try out for the Palmetto High School Cheerleading, under the direction of Coach Rachel Mayle and Ashlee Dillon.

Your signature on this form indicates you have read and understand the rules and requirements of the Cheerleading team tryout process, and agree to support them.

Parent/ Legal Guardian Signature

Date

As a potential Palmetto High School Cheerleader, I have read, understand and agree to follow the rules and requirements should I make the team.

Student Signature

Date

PHS VARSITY AND JUNIOR VARSITY CHEERLEADING

FINANCIAL REQUIREMENTS

The following costs will be the responsibility of the student, parent, and/ or guardian. Earned fundraising money will be applied; however, any funds not raised will be your responsibility to pay. No student will receive any cheer items or attend camp until all monies are paid in full. Any monies not earned/paid for in full on the due dates will result in dismissal from the team.

WE WILL GIVE MULTIPLE OPPURTUNITIES TO FUNDRAISE TO COVER/HELP WITH THESE COSTS. IT IS POSSIBLE TO COVER YOUR SECOND PAYMENT %100!

Cheerleading is an expensive sport. We will always try to provide options and keep costs as low as possible.

New Cheerleader Cost	Returning Cheerleader Cost
May 1 st - \$150.00	May 1 st -\$150.00
June 7 th - \$550.00	June 7 th - \$400.00
Total- \$700	Total- \$550
Cost includes- All "returning cheerleader" items, cheer shoes, bloomers, pom poms, turtleneck, and jacket	Cost includes- Cheerleading camp, all meals during camp, camp transportation, 3 cheer outfits, 3 cheer bows, pink socks, and pink bow

**Returning cheerleaders will not be required to re-purchase items they already own that are the same style (i.e., poms, turtlenecks, bloomers, jacket, shoes)
All items MUST be in good condition and approved by coach. Cheerleader MUST bring items to the fitting to get checked off.**

I, the undersigned, have read and understand the financial responsibilities of my daughter/ son being a Palmetto High School Cheerleader. I understand expenses can be paid through participating in fundraising efforts. However, I understand that I am responsible for any unpaid amount.

Parent/ Legal Guardian Signature

Date

Cheerleading Candidate

Date

MEDICAL RELEASE FORM

Cheerleaders Full Name: _____

Parent/ Legal Guardians Name: _____

Address: _____

City: _____ State: _____ Zip: _____

I hereby give my consent for the above named student to represent Palmetto High School in an extra curricular activity as a Cheerleader. I also give my consent for him/ her to accompany the Cheerleading Team (as a member) to other schools and activities.

I give my consent and authorize Palmetto High School, or its representatives, to obtain medical attention (through a physician of its choice) for the above named student, in the event he/ she is injured or ill while in the course of school activities.

Neither Palmetto High School, its Coaches; Rachel Mayle or Ashlee Dillon, or the Manatee County School Board of Education and its employees will be held liable for any claims due to injury received by the above named student while he/ she is participating in the Cheerleading Program at Palmetto High School.

Parent/ Legal Guardian Signature Date

Parent/ Legal Guardian Name (please print) Date